



Increase Desk Space & Relax Working Posture

www.microdesk.info



YOUR DISTRIBUTOR IS:

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WORK SHOULD STRETCH YOU ...BUT NOT LIKE THIS





Stretching to the right of your keyboard strains your arm, neck and back muscles.





Reaching over paperwork to type strains your shoulder, neck and back muscles.





With a MICRODESK™ above your keyboard your papers are directly in front of you so you can read, type and write without stretching and straining.

DEVELOPED BY AN EXPERIENCED PHYSIOTHERAPIST

When you're stretching and twisting at your desk you can strain your spine, neck and shoulder areas. Performing simultaneous keyboard and paperwork activities with poor body positions leads to troublesome aches and pains.

This is why physiotherapist Sarah Mahoney developed the MICRODESK™ inline writing platform.

Other benefits include:

- · Continuous access to keyboard as you write
- · Clear, transparent surface
- Organises your workspace
- Increases work comfort and decreases muscle strain
- Non slip ruler included with all models
- Paper ledge supplied in two heights;
 20mm (¾") and 8mm (¼")
- Adjustable height and slope to fit individual needs
 up to 40mm (1 ½3").



For more about the MICRODESK™ visit www.microdesk.info

MICRODESK™ IN USE



The Regular MICRODESK™

Writing platform for use with a flat desk top.

Dimensions: 560mm wide x 310mm deep (23" x 12"). Height rear 150mm (6"), front 75mm (3"). Extra height adjustment possible.



The Step MICRODESK™

Writing platform for use with a keyboard tray style desk.

Dimensions: 560mm wide x 310mm deep (23" x 12"). Height rear 80mm (3"), front 80mm (3"). Extra height adjustment possible.



The Compact MICRODESK $^{\scriptscriptstyle{\text{TM}}}$

For use with a laptop or a docking station OR a confined work area.

Dimensions: 430mm wide x 310mm deep (17" x 12"). Height rear 150mm (6"), front 75mm (3"). Extra height adjustment possible.